

# TOP 10 MOST NEEDED ITEMS



Hearty  
Stew or  
Chili



Canned  
Chicken or  
Turkey



Canned  
Fish



Canned  
Black Beans,  
Chickpeas &  
Kidney Beans



Natural  
Peanut  
Butter

Building strong, connected communities  
through the power of food.



**Brown Rice,  
Barley  
or Oats\***



**Whole Wheat  
Pasta or  
Couscous\***



**Canned  
vegetables**



**Canned  
fruit**



**Monetary  
Donations  
Gratefully  
Accepted**

\*In sealed packages please.