

# VOLUNTEER IMPACT REPORT



On behalf of our staff and clients, thank you for your invaluable support! We sincerely appreciate your time and effort and we are so grateful for everyone who has helped us during this difficult time. COVID-19 has changed everything, and we are grateful for your patience as we all adjust to the changing environment and the requirements of our volunteers.

In the past few weeks there are many groups of volunteers supporting us from various organizations. It's inspiring to see people from all over the city coming together to help us provide healthy food to those in need, especially now—in the midst of a pandemic.

We have been very busy here at the GVFB. We have seen a 20% increase in new clients, 80% of whom cite COVID-19 as the reason for their visit. The community support has been overwhelming, we are able to increase the number of items that we distribute weekly. THANK YOU to everyone who has spent many hours helping us with our daily tasks.



## How you helped...

AN AVERAGE OF 4,100  
VOLUNTEERS HOURS  
WERE RECORDED EACH  
MONTH



YOU SORTED 600,000 LBS  
OF FOOD IN 2019-2020!

13.2 LBS OF FOOD WAS  
DISTRIBUTED PER CLIENT  
PER WEEK



# GROUP VOLUNTEER TESTIMONIALS



## DO YOU HAVE A FAVOURITE MEMORY FROM VOLUNTEERING?

“Making preschooler packs with the team was so fun! After a great planning and brainstorming session, an assembly line was created and we completed all the packs easily and quickly. We were so proud of ourselves!”  
- Linda at BCLC

## WHAT WOULD YOU SAY TO AN ORGANIZATION WHO IS CONTEMPLATING TO VOLUNTEER?

“It’s an excellent opportunity to build team morale and helps people in the company get to know each other better—and, of course, you’re doing something good for your community. Everyone should join us!” - Linda at BCLC

## HOW DID GROUP VOLUNTEERING IMPACT YOUR TEAM POSITIVELY?

“One of our employees reached out to me to ask if we could organize another volunteering shift. She has been receiving CERB during the pandemic and wanted to pay this forward by giving back to the community. This touched my heart and reinforced the strong culture that exists in our workplace, and the reason why we give back to our community. I feel extremely proud of my team and the people I work with” - Bernee at Shangri-la

## WHAT SURPRISED YOU WHEN YOU WERE VOLUNTEERING AT THE FOOD BANK?

“I think everyone would agree that the GVFB is an important resource for the community. But until you work here, you really have no idea just what goes into supporting those in our community who need it most. This is a major operation. It is well organized, and everyone there are so nice to us, the volunteers. I know we will continue supporting the GVFB in the future!” - Bernee at Shangri-la