

# Volunteer Impact Report

Quarterly newsletter



## Message from the team

The Greater Vancouver Food Bank (GVFB) would like to thank our wonderful volunteers for their support, commitment and stamina during the recent summer months. This is when we predominately experience volunteer shortages due to people being away on vacation, however this year was like no other with the unbearable heatwave and Canada wide travel restrictions finally being lifted.

A big thank you to everyone who continued to turn up to work outside at our distribution sites and in our warehouse during these extreme temperatures. You amazed us all with your resilience. We are very grateful and proud of you all.

In July we relocated our Vancouver distribution site to 295 Terminal Avenue. We were extremely fortunate to find a new, easy accessible location, only a 2 minute walk from the Science World skytrain station.

Thank you for being accommodating with the change to our Vancouver location. We appreciate that we are still navigating through the pandemic and are touched by how many people choose the GVFB for their volunteering experience. If you can please continue to spread the word amongst friends, family and colleagues who may also be interested in volunteering with us, this is much appreciated.

We hope you had an amazing summer!  
Stay safe and we look forward to seeing you soon.

## Group volunteers return to our distribution sites!

In the last few months we have seen an increase in group volunteers helping out at our distribution sites. It is a great team building activity where you see firsthand the impact of your work and how you are supporting our clients.

We welcome teams ranging in size from 3-10 people. Here is some great feedback from a few of our regular volunteering groups:

*'We'll 100% encourage them to take advantage of this opportunity to build the team working and meeting new people!' - Sara from Fido*

*'It's incredibly rewarding to be able to volunteer as part of your work and provides excellent opportunity for team building.' - Ashley from Panago Pizza*

*'It gives you a sense of community, we are always looking at ways to give back as much as we can.'*  
- Aaron from IRL Construction



## Vancouver CAP Market, 1405 Thornton Street

At the beginning of July we opened our Vancouver CAP Market, which accommodates a large number of our 113 Community Agency Partners to collect their weekly food orders more efficiently, especially those located in the Downtown Eastside. This impressive new space has fridges stocked with fresh food, freezers, dry and bulk goods, as well as kitchen equipment. In fact, the cold storage capacity is double more than what we have at our Burnaby location!

At our Vancouver CAP Market, we have new volunteering opportunities which include:

- Agency Pick-up Assistant
- Agency Restocking Volunteers

If you would like to hear more about any of these opportunities, any available shifts will be listed on your MyImpact page on Better Impact. Please note this site does not have the amount of shifts as our regular warehouse and distribution roles do.



## Thanksgiving season is coming!

The busiest season for the Greater Vancouver Food Bank is approaching. Usually between September and December we receive increased food and monetary donations. This means that our volunteer needs will expand at our warehouse and distribution sites, in addition to our awesome events, which had been put on hold during the peak of the pandemic.

This year we have the following events scheduled:

- Golf Tournament at the Redwoods Golf Course, Sept 16th
- BC Thanksgiving Food Drive, Sept 11th to Sept 25th
- REEL Thanksgiving, Sept 27th to Oct 8th
- Turkey Trot, Oct 11th

If you are interested in any of our roles, please check your MyImpact page on Better Impact regularly for any updates and availability of upcoming opportunities!



## YOUR IMPACT FROM APRIL TO JUNE



1,312 new clients registered with the Greater Vancouver Food Bank



1,042,000 lbs food was donated to the Greater Vancouver Food Bank



11,800 volunteer hours were donated to the Greater Vancouver Food Bank



You helped us distribute 17.94 lbs of food per individual per week



806,000 lbs of food was distributed to our Community Agency Partners



We supported 10,704 lives through direct distribution

**Greater Vancouver  
food bank**  
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@VanFoodBank