

DECEMBER 2023

IMPACT INSIDER

VOLUNTEER NEWSLETTER

LET'S CONNECT



A MESSAGE FROM THE TEAM

As we approach the end of the year, the Greater Vancouver Food Bank (GVFB) would like to extend a warm and sincere thank you to our incredible volunteer community. Your dedication and hard work have made this year truly remarkable.

Whether you've been on the frontline, distributing food, spreading awareness about the GVFB in community events, or working tirelessly behind the scenes in the warehouse or at our Agency markets, your efforts have played a crucial role in reaching thousands of individuals facing food insecurity.

The Volunteer Engagement team wants to express our deepest gratitude to all individual and group volunteers who have generously contributed their time, especially during this busy holiday season. It is heartening to share that not only have all volunteer roles been filled until January 2024, but we also welcomed 140 new volunteers to the GVFB last month!

CONTACT US

Volunteer Team
volunteer@foodbank.bc.ca

Thank YOU for your ongoing generosity and kindness!

2023 WRAP

As we wrap up the 2023 calendar year, we wanted to share some key highlights:

50,000
volunteer hours donated



288
new individual volunteers
joined the GVFB

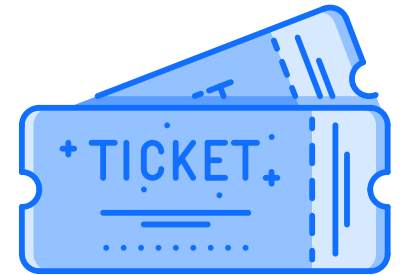
303
new groups joined the GVFB



9.1M lbs.
food distributed

50
event tickets offered

27,000
individual lives supported



141
Agency partners supported

15,000+
lives supported

SYSCO X GVFB APPRECIATION LUNCH

Last month 40 volunteers were invited to an appreciation lunch at Sysco Vancouver. Sysco generously hosted the event and served a three-course meal as part of their 2nd annual Purpose Month. Sysco's Purpose month was established to give back across Canada. In addition to volunteering and celebrating our hardworking volunteers, they also help us deliver food for free! Picking up food from the GVFB in Burnaby has enabled the GVFB to deliver more than 50,000 LB of fresh food to the Lake Country and Nicola Valley Food Banks.



Volunteers and Sysco staff photo

ON YOUR MARK, GET SET, GO!

Participate in the 40th Vancouver Sun Run on Sunday April 21st, 2024. As Canada's largest 10K road race you will experience Vancouver's downtown core, Stanley Park, and the Cambie Street Bridge. Join the charity partners GVFB Team to run in support of our clients! Registration is running now until March 8th, 2024.

Valid only for the Team 10K Division in registration, you can join the GVFB team for \$40 plus taxes/fees using our early bird charity code, **VSR2024-GVFB40**, available for the first 12 people to sign up.

To register in our team:



*Fees listed are per person. Processing fees and taxes will be added upon check-out. Registrations are FINAL - no refunds, deferrals or transfers.

CATEGORIES *

TEAM DIVISION - JOIN A TEAM

- Team Division - In Person 10K - C\$49.00
- Team Division - Vancouver Sun Run Virtual Experience - C\$30.00

OASIS YOUTH TEAM CHALLENGE - JOIN A TEAM

- OASIS Youth Team Challenge - Youth 10K - C\$22.00
- OASIS Youth Team Challenge - Adult 10K - C\$35.00
- OASIS Youth Team Challenge - Youth Mini Sun Run 2.5K - C\$22.00
- OASIS Youth Team Challenge - Adult Mini Sun Run 2.5K - C\$35.00
- OASIS Youth Team Challenge - Virtual Experience - C\$30.00

TEAM SELECTION

TEAM *

TEAM ACCESS CODE *

STEP INTO THE NEW YEAR WITH PURPOSE!

Volunteer dedication has been the driving force behind our operations since 1983. After four decades of providing food support, we continue to experience an unprecedented number of client visits and registered 10,000 new clients in 2023. With the new year around the corner, we plan to continue growing and meeting the needs of this community. We encourage you to sign up for regular shifts that fit your schedule and fill your heart. As of December 4th, all January 2024 shifts will have been posted.

