

**ALL GVFB Food Distribution Locations *DO NOT* permit client line-ups prior to opening.**  
***Priority Access* line opens 2 hours after opening time**

Supplements to Weekly Groceries	Tuesday	Wednesday	Thursday	Friday	Saturday
	28 <b>CLOSED</b>	29 <b>CLOSED</b>	30 <b>CLOSED</b>	31 <b>CLOSED</b>	1 <b>CLOSED</b>
Baby Steps (0-2 years) Diapers (0-36 months) Preschooler Pack (2-5 years)	4 Vancouver: 10am - 4pm	5 Vancouver: 10am - 4pm North Van: 9am - 6pm	6 Vancouver: 1pm - 7pm	7 Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	8 Vancouver: 10am - 3pm Burnaby: 10am - 3pm
Grade Schooler Pack (6-12 years) EGGS	11 Vancouver: 10am - 4pm	12 Vancouver: 10am - 4pm North Van: 9am - 6pm	13 Vancouver: 1pm - 7pm	14 Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	15 Vancouver: 10am - 3pm Burnaby: 10am - 3pm
Senior's Pack (65+ years) MILK	18 Vancouver: 10am - 4pm	19 Vancouver: 10am - 4pm North Van: 9am - 6pm	20 Vancouver: 1pm - 7pm	21 Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	22 Vancouver: 10am - 3pm Burnaby: 10am - 3pm
	25 <b>CLOSED</b>	26 <b>CLOSED</b>	27 <b>CLOSED</b>	28 <b>CLOSED</b>	29 <b>CLOSED</b>

LOCATIONS	BURNABY	NORTH VANCOUVER	VANCOUVER
	All locations are CLOSED on Sundays, Mondays and Statutory Holidays.	GVFB Office/Warehouse 8345 Winston Street	North Shore NH 225 East 2nd Street

# Important Information

## Picking Up Food:

- Registered clients can pick up food once a week.
- If you are registered, you only need to bring your client card, as well as a bag, cart, or box to take your food home.
- **Only members on the account are permitted to pick up food.**
- Food distribution is closed at all locations on the last FULL week of every month.

## Expiry Date for Cards:

- GVFB client cards are valid for food pick-up for up to one year. After a year, a client account update and check-in appointment is required.

## Parking:

- Parking is for priority access holders and individuals with disability status.
- Single parents needing to bring their children in with them may park at our Burnaby location.

## No Early Arrivals:

- Clients should not arrive or form lines before the listed distribution hours. Early arrival violations may lead to suspension.

## No Public Washrooms:

- For health and safety reasons, we do not have public washrooms available. We thank you for your understanding.

## Priority Access:

- Our priority access line opens 2 hours after distribution starts for the day.

## Non-Profit Organization:

- The GVFB is a non-profit organization independent of government affiliation. As a result, we cannot guarantee the availability of specific menu items or quantities; our offerings depend solely on the donations we receive.