

**ALL GVFB Food Distribution Locations *DO NOT* permit client line-ups prior to opening.**  
***Priority Access* line opens 2 hours after opening time**

Supplements to Weekly Groceries	Tuesday	Wednesday	Thursday	Friday	Saturday
Baby Steps (0-2 years) Diapers (0-36 months) Preschooler Pack (2-5 years)	<b>1</b> Vancouver: 10am - 4pm	<b>2</b> Vancouver: 10am - 4pm North Van: 9am - 6pm	<b>3</b> Vancouver: 1pm - 7pm	<b>4</b> Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	<b>5</b> Vancouver: 10am - 3pm Burnaby: 10am - 3pm
Grade Schooler Pack (6-12 years) EGGS	<b>8</b> Vancouver: 10am - 4pm	<b>9</b> Vancouver: 10am - 4pm North Van: 9am - 6pm	<b>10</b> Vancouver: 1pm - 7pm	<b>11</b> Vancouver: 10am - 4pm Burnaby: 12pm - 8pm	<b>12</b> CLOSED
Senior's Pack (65+ years) MILK	<b>15</b> Vancouver: 10am - 4pm	<b>16</b> Vancouver: 10am - 4pm North Van: 9am - 6pm	<b>17</b> Vancouver: 1pm - 7pm	<b>18</b> Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	<b>19</b> Vancouver: 10am - 3pm Burnaby: 10am - 3pm
	<b>22</b> CLOSED	<b>23</b> CLOSED	<b>24</b> CLOSED	<b>25</b> CLOSED	<b>26</b> CLOSED
Baby Steps (0-2 years) Diapers (0-36 months) Preschooler Pack (2-5 years)	<b>29</b> Vancouver: 10am - 4pm	<b>30</b> Vancouver: 10am - 4pm North Van: 9am - 6pm	<b>31</b> Vancouver: 1pm - 7pm	<b>1</b> Vancouver: 10am - 4pm Burnaby: 12pm - 7pm	<b>2</b> Vancouver: 10am - 3pm Burnaby: 10am - 3pm

LOCATIONS All locations are CLOSED on Sundays, Mondays and Statutory Holidays.	BURNABY	NORTH VANCOUVER	VANCOUVER
	GVFB Office/Warehouse 8345 Winston Street	North Shore NH 225 East 2nd Street	3454 Lougheed HWY

# Important Information

## Picking Up Food:

- **Registered clients can pick up food once a week.**
- If you are registered, you only need to bring your client card, as well as a bag, cart, or box to take your food home.
- **Only members on the account are permitted to pick up food.**
- Food distribution is closed at all locations on the last FULL week of every month.

## Expiry Date for Cards:

- GVFB client cards are valid for food pick-up for up to one year. After a year, a client account update and check-in appointment is required.

## Parking:

- Parking is for priority access holders and individuals with disability status.
- **Parking at our Burnaby location is available to all clients after 4:30PM on Friday and all day on Saturday.**

## No Early Arrivals:

- Clients should not arrive or form lines before the listed distribution hours. Early arrival violations may lead to suspension.

## No Public Washrooms:

- For health and safety reasons, we do not have public washrooms available. We thank you for your understanding.

## Priority Access:

- Our priority access line opens 2 hours after distribution starts for the day.

## Non-Profit Organization:

- The GVFB is a non-profit organization independent of government affiliation. As a result, we cannot guarantee the availability of specific menu items or quantities; our offerings depend solely on the donations we receive.