

JUNE 2025

VOLUNTEER IMPACT

SPRING NEWSLETTER

LET'S CONNECT



@vanfoodbank

FRESH FOOD. FRESH FUTURES.

This Spring, we took a monumental step toward securing a permanent home for the Greater Vancouver Food Bank — a space that will transform our ability to serve the community for generations to come.

Located at 3454 Lougheed Highway, this building is more than just a space — it's an opportunity to build a brighter future!



Did you know? Since 2020, we've relocated six times, disrupting our services and diverting critical funds toward rent instead of food for those in need. Owning our building will save millions in rent and taxes — funds that will go directly to feeding the community. [Learn more at freshfuture.ca](https://www.freshfuture.ca).

We're deeply grateful to those who've moved with us over the years—adapting to every new space with flexibility, patience, and unwavering support.

In Vancouver, we rely on **245 volunteers each week** to ensure nutritious food reaches those who need it most. We couldn't do it without them!

The Vancouver distribution centre welcomes both clients and community agencies to access food support.

We are also pleased to announce that, effective June 2nd, the minimum age requirement for food distribution volunteers will be lowered to 15 years old.

Both seasonal and year-round youth volunteers are welcome to experience food distribution this summer! With more helping hands, we plan to continue supporting our struggling neighbours.

Want to make a meaningful impact in Vancouver? Check out these opportunities:

- ♥ Food Distribution, Tuesday to Saturday (Ages 15+)
- ♥ Market Support, Monday to Friday (Ages 16+)

A MESSAGE FROM THE VOLUNTEER TEAM

Thank you for your generosity this Spring!

As we grow and embrace exciting opportunities, like restarting the food preservation project and purchasing a building, we're thankful to have you with us on this mission of providing healthy food to those in need.

- Lisa and Hailey

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." – Leo Buscaglia

CELEBRATING YOUR IMPACT

In April, we celebrated volunteers who've donated over 500 hours! From the front lines to the warehouse, their dedication means so much. Congrats to all—enjoy your certificates and personalized name tags!

The **annual award winner for 2024 is Chris K.**, who donated the most hours (428) and completed the most shifts (99) in 2024! Thank you, Chris, for dedicating your time to the GVFB.

During National Volunteer Week, volunteers were offered pizza, cupcakes, and Tim Hortons treats during their shifts in Burnaby and Vancouver - small tokens of our appreciation.

On April 26th and 30th, we had the pleasure of hosting two larger functions. Guests enjoyed delicious Mexican food from Sal y Limon and dessert from Rain or Shine ice cream.

A heartfelt thank you to all our generous donors - Earnest Ice Cream, Sal y Limon, Rain or Shine ice cream, Matchstick, and JJ Bean - for supporting the GVFB and making these events extra special!





MEET THE TEAM: NICOLE DUNCAN

Nicole is the Community Engagement Officer at GVFB. She leads execution for all events and community engagement, ensuring every activation is a success.

Q: Can you summarize GVFB events in 5 words?

A: Feeding people can be fun!

Q: What is your favourite event of the year?

A: The Vancouver Comic & Toy Show is a great time. We run a 50/50 raffle and work with some amazing cosplayers at the photobooth. There are so many cool vendors, too!

Q: How long have you been with GVFB?

A: 3.5 super years!

Q: What was the most impactful event you've run?

A: We are the signature charity for Hastings Racecourse's 50/50 raffle. In 2024, we raised over \$44,000 to help feed our neighbours in need. The racetrack is a lively environment, and our volunteers have a lot of fun selling tickets to attendees.

Volunteer with Nicole and the Community Engagement and Events team by signing up for 50/50 Raffle Steward shifts on [My Impact!](#)

FOOD BANK FACTS

MARCH 2025-MAY 2025



Approximately

17,637

unique lives that were directly supported



12,788+

volunteer hours were donated across Vancouver and Burnaby



37 years old

is the average age of all clients who have visited since March 1st.



71%

of the food distributed was fresh



172

Agencies received food support



Approximately

2 million lbs

of food was distributed

GROUP VOLUNTEER ZONE



Telus



Amazon



Westland Insurance

LOVE PEOPLE, HORSES, AND A LITTLE FRIENDLY COMPETITION?

We're recruiting volunteers to join us at Hastings Racecourse as 50/50 Raffle Stewards!

Volunteers help sell raffle tickets, spread awareness, and raise funds — all while enjoying the energy of race day. [New volunteers are welcome to apply!](#)

- ♥ Must be 19+
- ♥ Groups of 4–6 welcome
- ♥ Fridays, Saturdays, or Sundays
- ♥ Commitment: 2 shifts (May–October)

Learn more and sign up now!

