

Find more information and resources here: https://foodbank.bc.ca/ GVFB reception can be reached at 604.876.3601 or reception@foodbank.bc.ca

Supplements to Weekly Groceries	Tuesday	Wednesday	Thursday	Friday	Saturday
Baby Steps (0-2 years) Diapers (0-36 months)	30 CLOSED	1 Vancouver: 10am - 4pm	Vancouver: 1pm - 7pm	3 Vancouver: 10am - 4pm	4 Vancouver: 10am - 3pm
Preschooler Pack (2-5 years)		North Van: 9am - 5:45pm		Burnaby: 12pm - 7pm	Burnaby: 10am - 3pm
Grade Schooler Pack (6-12 years) EGGS	7	8	9	10	11
	Vancouver: 10am - 4pm	Vancouver: 10am - 4pm	Vancouver: 1pm - 7pm	Vancouver: 10am - 4pm	CLOSED
		North Van: 9am - 5:45pm		Burnaby: 12pm - 7pm	
Senior's Pack (65+ years)	14	15	16	17	18
	Vancouver: 10am - 4pm	Vancouver: 10am - 4pm	Vancouver: 1pm - 7pm	Vancouver: 10am - 4pm	Vancouver: 10am - 3pm
		North Van: 9am - 5:45pm		Burnaby: 12pm - 7pm	Burnaby: 10am - 3pm
MILK	21	22	23	24	25
	Vancouver: 10am - 4pm	Vancouver: 10am - 4pm	Vancouver: 1pm - 7pm	Vancouver: 10am - 4pm	Vancouver: 10am - 3pm
		North Van: 9am - 5:45pm		Burnaby: 12pm - 7pm	Burnaby: 10am - 3pm
	CLOSED	CLOSED	CLOSED	CLOSED	1 CLOSED

LOCATIONS	BURNABY	NORTH VANCOUVER	VANCOUVER
LOCATIONS All locations are CLOSED on Sundays, Mondays and Statutory Holidays.	GVFB Office/Warehouse 8345 Winston Street	North Shore NH 225 East 2nd Street	3454 Lougheed HWY