

Priority Access opens 2 hours after posted opening times at any GVFB location.

Find more information and resources here: <https://foodbank.bc.ca/>

| Supplements to Weekly Groceries                                                 | Tuesday                            | Wednesday                                                     | Thursday                          | Friday                                                    | Saturday                                                  |
|---------------------------------------------------------------------------------|------------------------------------|---------------------------------------------------------------|-----------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|
| Baby Steps (0-2 years)<br>Diapers (0-36 months)<br>Preschooler Pack (2-5 years) | <b>2</b><br>Vancouver: 10am - 4pm  | <b>3</b><br>Vancouver: 10am - 4pm<br>North Van: 9am - 5:45pm  | <b>4</b><br>Vancouver: 1pm - 7pm  | <b>5</b><br>Vancouver: 10am - 4pm<br>Burnaby: 12pm - 7pm  | <b>6</b><br>Vancouver: 10am - 3pm<br>Burnaby: 10am - 3pm  |
| Grade Schooler Pack (6-12 years)<br><br>EGGS                                    | <b>9</b><br>Vancouver: 10am - 4pm  | <b>10</b><br>Vancouver: 10am - 4pm<br>North Van: 9am - 5:45pm | <b>11</b><br>Vancouver: 1pm - 7pm | <b>12</b><br>Vancouver: 10am - 4pm<br>Burnaby: 12pm - 7pm | <b>13</b><br>Vancouver: 10am - 3pm<br>Burnaby: 10am - 3pm |
| Senior's Pack (65+ years)<br><br>MILK                                           | <b>16</b><br>Vancouver: 10am - 4pm | <b>17</b><br>Vancouver: 10am - 4pm<br>North Van: 9am - 5:45pm | <b>18</b><br>Vancouver: 1pm - 7pm | <b>19</b><br>Vancouver: 10am - 4pm<br>Burnaby: 12pm - 7pm | <b>20</b><br>Vancouver: 10am - 3pm<br>Burnaby: 10am - 3pm |
|                                                                                 | <b>23</b><br>CLOSED                | <b>24</b><br>CLOSED                                           | <b>25</b><br>CLOSED               | <b>26</b><br>CLOSED                                       | <b>27</b><br>CLOSED                                       |
| Baby Steps (0-2 years)<br>Diapers (0-36 months)<br>Preschooler Pack (2-5 years) | <b>30</b><br>Vancouver: 10am - 4pm | <b>31</b><br>Vancouver: 10am - 3pm<br>North Van: 9am - 3pm    | <b>1</b><br>CLOSED                | <b>2</b><br>Vancouver: 10am - 4pm<br>Burnaby: 12pm - 7pm  | <b>3</b><br>Vancouver: 10am - 3pm<br>Burnaby: 10am - 3pm  |

| LOCATIONS<br>All locations are CLOSED on Sundays, Mondays and Statutory Holidays. | BURNABY                                      | NORTH VANCOUVER                       | VANCOUVER         |
|-----------------------------------------------------------------------------------|----------------------------------------------|---------------------------------------|-------------------|
|                                                                                   | GVFB Office/Warehouse<br>8345 Winston Street | North Shore NH<br>225 East 2nd Street | 3454 Lougheed HWY |

在任何GVFB地点，优先通道将在公布的营业时间内后2小时开放。

在此查找更多信息和资源：<https://foodbank.bc.ca/>

| 每周杂货的补充食品                                    | 星期二                          | 星期三                                                | 星期四                         | 星期五                                             | 星期六                                             |
|----------------------------------------------|------------------------------|----------------------------------------------------|-----------------------------|-------------------------------------------------|-------------------------------------------------|
| 婴儿步伐包 (0-2岁)<br>尿布 (0-36个月)<br>学龄前儿童包 (2-5岁) | <b>2</b><br>温哥华: 10am - 4pm  | <b>3</b><br>温哥华: 10am - 4pm<br>北温哥华: 9am - 5:45pm  | <b>4</b><br>温哥华: 1pm - 7pm  | <b>5</b><br>温哥华: 10am - 4pm<br>本拿比: 12pm - 7pm  | <b>6</b><br>温哥华: 10am - 3pm<br>本拿比: 10am - 3pm  |
| 小学生包 (6-12岁)<br>鸡蛋                           | <b>9</b><br>温哥华: 10am - 4pm  | <b>10</b><br>温哥华: 10am - 4pm<br>北温哥华: 9am - 5:45pm | <b>11</b><br>温哥华: 1pm - 7pm | <b>12</b><br>温哥华: 10am - 4pm<br>本拿比: 12pm - 7pm | <b>13</b><br>温哥华: 10am - 3pm<br>本拿比: 10am - 3pm |
| 长者包 (65岁及以上)<br>奶                            | <b>16</b><br>温哥华: 10am - 4pm | <b>17</b><br>温哥华: 10am - 4pm<br>北温哥华: 9am - 5:45pm | <b>18</b><br>温哥华: 1pm - 7pm | <b>19</b><br>温哥华: 10am - 4pm<br>本拿比: 12pm - 7pm | <b>20</b><br>温哥华: 10am - 3pm<br>本拿比: 10am - 3pm |
|                                              | <b>23</b><br>关闭              | <b>24</b><br>关闭                                    | <b>25</b><br>关闭             | <b>26</b><br>关闭                                 | <b>27</b><br>关闭                                 |
| 婴儿步伐包 (0-2岁)<br>尿布 (0-36个月)<br>学龄前儿童包 (2-5岁) | <b>30</b><br>温哥华: 10am - 4pm | <b>31</b><br>温哥华: 10am - 3pm<br>北温哥华: 9am - 3pm    | <b>1</b><br>关闭              | <b>2</b><br>温哥华: 10am - 4pm<br>本拿比: 12pm - 7pm  | <b>3</b><br>温哥华: 10am - 3pm<br>本拿比: 10am - 3pm  |

| 地点<br>所有地点在星期日、星期一和法定假日关闭。 | 本拿比                                          | 北温哥华                                  | 温哥华               |
|----------------------------|----------------------------------------------|---------------------------------------|-------------------|
|                            | GVFB Office/Warehouse<br>8345 Winston Street | North Shore NH<br>225 East 2nd Street | 3454 Lougheed HWY |